

Three Bridge Cafe

AT THE FALLS GENERAL STORE

SIGNATURE

HOUSEMADE BREADS: WHITE, WHEAT, SOURDOUGH, RYE, HARVEST GRAIN, BAGUETTE, GRINDER, FOCACCIA
GLUTEN FREE BREAD AVAILABLE

CRANBERRY CHICKEN

Chicken salad, cranberry chutney, greens, tomato and mayo on choice of bread.

BLT - CLASSIC OR CLUB

with bacon, greens, tomato and mayo on toasted white. Add turkey for a club.

GRILLED CHEESE

VT Cheddar and American cheese on choice of bread.

Add soup for an additional charge.

MEDITERRANEAN WRAP

with grilled chicken, hummus, greens, red onion, tomato and tzatziki sauce in choice of wrap.

MY BIG FAT ITALIAN

with mortadella, capicola, salami, provolone, greens, tomato, onion and garlic aioli on a grinder roll.

NORMA'S FAVORITE

with turkey, avocado, garlic aioli, tomato and greens on sourdough

TREEHUGGER

with hummus, roasted red peppers, avocado, spinach, cucumber and tomato in a wrap.

PANINIS

SERVED ON OUR HOUSE MADE FOCACCIA

ROAST BEEF & CHEDDAR

with caramelized onions, tomato and horseradish sauce.

VINNY'S FAVORITE

Grilled chicken, roasted red peppers, fresh mozzarella and Italian dressing on toasted grinder roll.

THREE BRIDGE

Capicola, ham, bacon, Swiss, pickles, mayo and dijon mustard.

TURKEY, BACON & SWISS

with tomato and mayo.

TURKEY, BACON & APPLE BUTTER

with cheddar.

SALADS

DRESSINGS: BALSAMIC VINAIGRETTE, RANCH, LEMON VINAIGRETTE, HONEY MUSTARD, ITALIAN

CHEF

with th greens, hard boiled egg, grilled chicken, bacon, ham, tomato, red onion, cucumber, carrot, VT cheddar and choice of dressing.

HOUSE - SMALL OR LARGE

mixed greens, tomato, cucumber, carrot, onion and choice of dressing.

GREEK

with Romaine, grilled chicken, black olive, Dolmas, tomato, red onion, VT feta, and lemon vinaigrette.

HEALTH

with spinach, sliced apple, dried cranberries, roasted walnuts, goat cheese, organic farro and balsamic vinaigrette.

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SPECIALTIES

CHIPOTLE CHICKEN

with grilled or breaded fried chicken, VT pepper jack, greens and chipotle aioli on toasted white bread.

REUBEN

with our slow-cooked corned beef brisket, Swiss cheese, sauerkraut and thousand island dressing on toasted rye bread.

PHILLY CHEESE STEAK

Shaved beef, provolone and American cheese, caramelized onions, peppers and mushrooms on a grinder roll.

CHICKEN BACON RANCH WRAP

with grilled or breaded fried chicken with VT cheddar, bacon, lettuce, tomato, onion and ranch dressing in a wrap.

QUESADILLA

our classic cheese quesadilla on a toasted tortilla with VT pepper jack cheese, pico de gallo and sour cream on the side.

Additions:

Black Bean & Corn

Grilled Chicken or Steak

BURGERS

BURGERS SERVED WITH A SIDE OF FRIES. SUB SWEET POTATO FRIES FOR AN UP-CHARGE.

FGS BACON BURGER

with Vermont ground beef, bacon, VT cheddar, greens, tomato, onion, pickles and garlic aioli on a brioche bun.

BEEF BURGER

with Vermont ground beef, greens, tomato, onion and pickles on a brioche bun. Add cheese for an up-charge.

YOGI BURGER

with a blend of organic/natural legumes and vegetables served with caramelized onions, garlic aioli and greens on a brioche bun.

PIZZA

OUR 18-INCH NY STYLE THIN CRUST PIZZAS MADE WITH IMPORTED SAN MARZANO TOMATOES AND ITALIAN CHEESES THEN BAKED ON OUR HOUSE MADE, HAND TOSSED PIZZA DOUGH.

CLASSIC CHEESE

PEPPERONI

CHICKEN PARMESAN

with breaded fried chicken and Italian mozzarella.

MEAT LOVERS

with our fennel sausage, meatball, pepperoni and Italian mozzarella.

PESTO VEGGIE

with spinach, sun-dried tomatoes, onions, roasted garlic and black olives.

SUPREME VEGGIE

with mushrooms, onions, green peppers, and broccoli.

THE GREAT WHITE

with roasted garlic, fresh mozzarella and olive oil.

SPECIALTIES, BURGERS AND PIZZA SERVED WEDNESDAY - SUNDAY

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BREAKFAST

THE CLASSIC

Two eggs your way with VT Cheddar on an English Muffin. Add bacon or our maple sausage. +\$

THE BAGUETTE

Two eggs your way with VT Cheddar on a baguette. Add bacon or our maple sausage. +\$

BURRITO WRAP

Two eggs scrambled with VT cheddar and home fries in a wrap. Add bacon or our maple sausage. +\$

THE USUAL

Two eggs your way, VT cheddar, spinach, tomato, onion, bacon or our maple sausage and chipotle aioli on a baguette.

PLATES

HOUSEMADE BREADS: WHITE, HONEY WHEAT, SOURDOUGH, RYE, HARVEST GRAIN, BAGUETTE

GLUTEN FREE BREAD AVAILABLE

CHEESE: VT CHEDDAR, VT PEPPER JACK, SWISS, PROVOLONE, AMERICAN

AVOCADO TOAST

Smashed avocado on toasted sourdough with olive oil drizzle. Add two eggs. +\$

BREAKFAST PLATE

Two eggs your way with home fries, toast and bacon or our maple sausage.

FRENCH TOAST

House made Pain de Mie served with seasonal fruit, VT maple syrup and fresh maple whipped cream.

OMELETTE

Served with a side of home fries and choice of toast.

Choose up to 3 veggies; onions, mushrooms, spinach, tomato, green pepper and choice of cheese.

Add ham, bacon or our maple sausage. +\$

PANCAKE BREAKFAST

Two buttermilk pancakes with two eggs your way with bacon or our maple sausage.

Add blueberries or chocolate chips. +\$

Just the pancakes available.

BREAKFAST SERVED SATURDAY AND SUNDAY

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AT THE FALLS GENERAL STORE

ESPRESSO & MORE

*8 oz | 12 oz | 16 oz

**12 oz

AMERICANO**

CAPPUCCINO*

CHAI LATTE*

LATTE*

Espresso | Maple | Mocha | Vanilla | Almond

FRAPPUCINO (24 OZ)

Espresso | Maple | Mocha

BULLET COFFEE**

drip coffee blended with grass-fed butter

GOLDEN MILK**

a blend of turmeric, black pepper, ginger and Ashwagandha with almond milk

CBD-INFUSED LATTES**

Chai | Cinnamon Matcha | Peppermint Mocha

RICH HOT CHOCOLATE**

SMOOTHIES

24 OZ

BAHAMAS BREEZE

protein powder, strawberries, mango, peach, coconut oil, agave and coconut milk

BANANA MOCHA LATTE

espresso, banana, mocha powder, cinnamon and milk

KING OF THE JUNGLE

spinach, mango, pineapple, banana and almond milk

AVOCADO BANANA

spinach, avocado, banana, peanut butter, protein powder and almond milk

QUEEN OF THE JUNGLE

kale, blueberries, pineapple, shredded coconut and orange juice

STRAWBERRY FIELDS

strawberries, pineapple, banana, vanilla, agave, coconut oil and coconut water

THE DRAGON

dragonfruit, pineapple, mango and orange juice

GREEN GODDESS

kale, spinach, avocado, chia/flax/hemp seed blend, almond milk, maple syrup

RAW JUICE

16 OZ

DOUBLE AA

straight up carrot juice

BEEET ME

beets, carrots, apples and lemon

ZINGER

carrots, apples, lemon and ginger

GREEN ZINGER

kale, spinach, apple, lemon, ginger