

## FGS Grass Fed Burgers

Served with your choice of hand cut fries, house potato salad or coleslaw

**Substitute:** Sweet Potato Fries + **2.00**,  
Gluten -Free bread + **2.00**

### Grass-Fed Beef Burger - 10.95

Boyden Farm ground beef with lettuce, tomato, onions and pickles on our brioche bun

### FGS Bacon Cheese Burger - 14.95

Boyden Farm ground beef with bacon, VT cheddar, lettuce, tomato, onion and garlic aioli

### The Yogi Burger - 10.95

A savory blend of organic/natural legumes and vegetables served with caramelized onions and greens on our brioche bun

#### Add Items

Cheese (Swiss, American, Cheddar )	+1.00
Caramelized Onions	+1.00
Bacon	+3.00
Sauteed Mushroom	+1.00
Garlic Aioli	+1.00
Avocado	+1.50
Pesto Aioli	+1.50

#### Vermont Department of Health Advisory

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.

## Hand Tossed Pizza

Our thin crust 18" NY style pizzas are made with our slow cooked pizza sauce, imported Italian tomatoes, fresh local vegetables, meats and cheeses baked on our house made hand tossed pizza dough.

### Classic Cheese - 15.00

Italian mozzarella and Parmesan-Reggiano cheese topped with oregano

### Pepperoni - 17.00

Classic cheese and pepperoni

### Pesto Veggie - 28.00

Our basil pesto, with spinach, sun-dried tomatoes, onions, roasted garlic, olives and mozzarella

### Build Your Own - Starting at 15.00

Select from the following options below.

#### Build Your Own Options

Toppings	Half Pizza	Whole Pizza
Onions	+1.00	+2.00
Green Peppers	+1.00	+2.00
Mushroom	+1.00	+2.00
Olives	+1.00	+2.00
Sun-dried Tomato	+1.00	+2.00
Spinach	+1.00	+2.00
Roasted Garlic	+2.00	+4.00
Caramelized Onions	+2.00	+4.00
Pepperoncini	+2.00	+4.00
Fresh Mozzarella	+4.00	+8.00
Extra Cheese	+1.50	+3.00
<b>Meats</b>		
Pepperoni	+1.00	+2.00
Bacon	+2.00	+4.00
Sausage	+2.00	+4.00
Capicola	+1.50	+3.00
Ham	+1.50	+3.00
Chicken Grilled	+3.00	+6.00
Chicken Fried	+3.00	+6.00



All of our meals are scratch made with love. We use grass fed beef, hormone free chicken, nitrate free deli meats and make most of our condiments and sauces using GMO free ingredients. Our breads and pastries are made from all natural ingredients such as King Arthur flour, butter, water, sugar, salt and yeast. Nothing else. We believe that eating well reduces the risk of disease, which leads to a happier, healthy lifestyle...

EAT WELL BE WELL

Norma & Vince

**7 Cox Brook Road  
Northfield Falls, VT 05664  
Tel: 802-485-4551**

#### Store Hours:

**Monday - Sunday 8:00am - 6:00pm**

**Web: <http://www.fallsgeneralstore.com>  
Also follow us on**



## Breakfast

Served Monday-Sat 8-11am,  
Sun 8-12

### **The Classic- 3.95**

One egg with cheddar cheese on an English muffin. Add bacon or our maple sausage +3.00

### **Egg & Cheese on Baguette - 5.95**

Two eggs your way on our baguette with VT cheddar. Add bacon or our maple sausage +3.00

### **Breakfast Burrito Wrap - 6.95**

Two eggs scrambled with VT cheddar and home fries in a flour tortilla. Add bacon or our maple sausage +3.00, Add chipotle sauce +1.00

### **FGS Breakfast Plate - 9.95**

Two eggs your way with home fries, toast and bacon or our maple sausage

### **Omelette - 8.95**

Eggs or egg whites with veggies, home fries and toast Choose up to 3 Veggies - onions, mushrooms, spinach, tomato and green pepper Add meat + 3.00, avocado +1.50, cheese +1.00

### **The Usual -8.95**

Two eggs your way on our baguette with, VT cheddar, spinach, tomato, and onion, bacon or our maple sausage and chipotle sauce

### **FGS Pancake Breakfast - 10.95**

Two buttermilk pancakes, with two eggs your way with bacon or our maple sausage

### **French Toast - 8.95**

House made brioche served with seasonal fruit and VT maple syrup, fresh whipped cream.

### **Sides**

Home Fries	+ 2.50	VT Maple Syrup	+ 2.00
Two Eggs	+ 2.95	Toast	+ 1.00
Bacon, Ham or Sausage			+ 3.00
Short Stack Pancakes			+ 5.95
VT Cheddar Cheese	1.00	Avocado	+1.50

*House Breads: Baguette, Sour Dough, Rye, Wheat Harvest Grain, Jalapeno Cheddar, Grinder Focaccia, +1.00 Gluten Free +2.00*

## FGS Sandwiches

*Includes a side of Coleslaw or Potato Salad*

**Breads:** Baguette, Sourdough, Rye, Honey Wheat, Harvest Grain, Jalapeno Cheddar, Grinder, Focaccia + 1.00, Gluten Free +2.00

### **Roast Beef & Cheddar Panini - 10.95**

All natural Mckenzie roast beef, VT cheddar, caramelized onions, tomato and our horseradish sauce

### **Turkey, Bacon, & Swiss Panini - 10.95**

All natural Mckenzie turkey, bacon, Swiss cheese, mixed greens, tomato and our mayonnaise

### **Turkey, Bacon, Cheddar & Apple Butter Panini -10.95**

All natural McKenzie turkey, bacon, VT cheddar and our decadent slow-cooked apple butter

### **Grilled Cheese & Soup- 8.95**

VT cheddar and American cheese grilled on your choice of bread served with a cup of soup Add apple slices +1.00 Chili or Chowders +2.00

### **Treehugger - 8.95**

Our roasted red peppers, hummus, spinach, avocado, cucumber and tomato

### **My Big Fat Italian - 10.95**

Capicola, mortadella, genoa salami, provolone cheese, lettuce, tomato, onion and garlic aioli on our grinder roll

### **Backyard Chicken Salad - 9.95**

Our all natural chicken salad with lettuce, tomato and our mayonnaise

### **Build Your Own Sandwich - 9.95**

Choose a meat, cheese, bread, and up to 3 veggies and condiment. Priced according to options selected. Please refer to our BYO Menu sheet for details.

## House Specialties / Salads

*All house sandwiches except the Quesadilla's come with a choice of side, house fries, coleslaw or potato salad. Sub Sweet Potato Fries +2.00*

### **Philly Cheese Steak Sandwich - 12.95**

Local beef, provolone cheese, caramelized onions, peppers and mushrooms on our house grinder roll.

### **Chicken, Bacon, Cheddar Ranch Wrap - 10.95**

Chicken breast, grilled or fried with bacon, VT cheddar, lettuce, tomato, onion and our ranch dressing in a flour tortilla

### **Chipotle Chicken Sandwich - 10.95**

Fried chicken breast with pepper jack cheese, greens, chipotle sauce. Add avocado +1.50

### **The Reuben - 12.95**

Our slow-cooked corned beef brisket, Swiss cheese sauerkraut and thousand island dressing on our rye bread

### **Classic BLT - 8.95**

Bacon, lettuce, tomato and our mayonnaise, on our white bread

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### **Quesadillas**

Toasted tortilla, VT cheddar, Pico de Gallo, sour cream  
Classic Cheese – 6.95  
Black Bean and Corn – 8.95  
Chicken or Steak – 9.95

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### **Salads**

### **FGS Health Salad- 9.95**

Organic baby spinach, dried cranberries, walnuts, goat cheese, organic farro and our house balsamic vinaigrette

### **House Salad - Small 3.95 Large 8.95**

Mixed greens with tomato, cucumber, carrot, onion and choice of dressing

**Dressings:** Balsamic Vinaigrette, Ranch, Lemon Vinaigrette, Honey Mustard, Italian